



# TWO CHICKS CAFÉ MENU



<b>BREAKFAST</b>	
<b>Bagels</b>	With butter, honey, peanut butter, cream cheese, or cheddar cheese
<b>Bagel Sandwich</b>	A bagel with cheddar cheese, back bacon, and tomato
<b>Toast</b>	Multi-grain with butter, peanut butter, jam, or honey
<b>Egg McToadie</b>	A bagel with egg, back bacon, cheddar cheese, and tomato
<b>LUNCH/SUPPER</b>	
<b>Meal or side Salad</b>	Either caesar salad (romaine, bacon bits, croutons, and dressing) or garden salad (lettuce, peppers, cucumber, carrots, and choice of dressing) and add chicken breast for additional cost
<b>WRAPS</b>	
<b>Hummus</b>	Regular or red pepper hummus, cheddar cheese, cucumber, pepper, and lettuce
<b>Chicken Caesar</b>	Romaine lettuce, bacon bits, chicken, Caesar dressing
<b>Club</b>	Romaine lettuce, chicken, bacon bits, tomato, cheddar, ranch
<b>Veggie/Hummus</b>	Romaine lettuce, cheddar cheese, cucumbers, hummus (reg or red pepper), and peppers
<b>Black Bean</b>	Romaine lettuce, black beans, onion, cheddar cheese, sour cream, peppers
<b>SANDWICHES</b>	
<b>Egg Salad</b>	Egg salad (eggs mixed with mayo), lettuce, on multi grain bread
<b>Grilled Cheese</b>	Cheddar cheese on multi grain bread, pressed on grill
<b>Peanut Butter and Jam</b>	Peanut butter and jam spread onto multigrain bread
<b>Tuna</b>	Tuna (canned tuna mixed with mayo) topped with lettuce on multigrain bread
<b>PRESSED SANDWICHES</b>	
<b>Hummus</b>	Regular or red pepper hummus, cheddar, cucumber, lettuce, on ciabatta bread
<b>Monster Chicken</b>	Chicken breast, back bacon, onion, mayo and lettuce

Sarah Sandwich	Chicken breast, cheese, peppers, cucumber, red pepper hummus , on whole wheat wrap
<b>OTHERS</b>	
Hummus platter	Red pepper, or reg hummus, ranch, carrots, cucumbers, peppers, and bread sticks
Vegetarian Chili	Served with multigrain toast with butter
Quesadilla	Chicken breast( or black beans), cheddar, onion, peppers, served with sour cream and salsa
Veggie and Dip	Cucumber, carrots, peppers, and ranch dressing
Kids Meal	Egg salad, tuna, peanut butter and jam or grilled cheese served with potato chips, or veggie's and dip with choice of a cookie
<b>COLD DRINKS</b>	
<b>FROZEN DRINKS</b>	
Water Bottles	Iced cappuccino
Chocolate Milk	Frozen hot chocolate
Juice ( orange, cran, iced tea)	Iced chai
Cans and bottles of pop	Iced coffee
Gatorade	Flavour iced coffee
Brisk (lemonade, fruit punch)	Iced lattes
	Flavoured iced lattes
	Smoothies
<b>SNACKS</b>	
Muffins	Cookies
Cinnamon buns	Baklava
Lemon Squares	Brownie Pizza
Nanimo Bars	Date Squares
Butter Tarts and Chocolate tarts	Gluten free tarts, squares, and bars

**We also provide gluten free options such as bagels, naan bread, and regular bread for additional costs!**



**Please place order with cashier**